

## Service Schedule

### FROM MONDAY TO FRIDAY

- 7:30 am Lauds  
11:00 am Conventual Mass  
12:00 pm Mass (Holy Sacrament Chapel)  
1:00 pm Salve and Virolai  
6:15 pm Rosary  
6:45 pm Vespers

#### Confession

10:40 - 11:40 am / 12:00 - 1:00 pm

### SATURDAYS

- 7:30 am Lauds  
11:00 am Conventual Mass  
12:00 pm Mass (Holy Sacrament chapel)  
1:00 pm Salve and Virolai (Boys' choir)  
6:15 pm Rosary  
6:45 pm Vespers  
7:30 pm Mass

#### Confession

10:00 - 11:40 am - 12:00 - 1:00 pm  
7:30 - 8:00 pm

### SUNDAYS AND RELIGIOUS HOLIDAYS

- 7:30 am Lauds  
9:30 am Mass  
11:00 am Conventual Mass  
12:00 pm Salve and Virolai  
1:00 pm Mass  
6:15 pm Rosary  
6:45 pm Vespers  
7:30 pm Mass

#### Confession

9:15 - 11:40 am / 12:00 - 1:00 pm  
5:00 - 6:00 pm / 7:30 - 8:00 pm

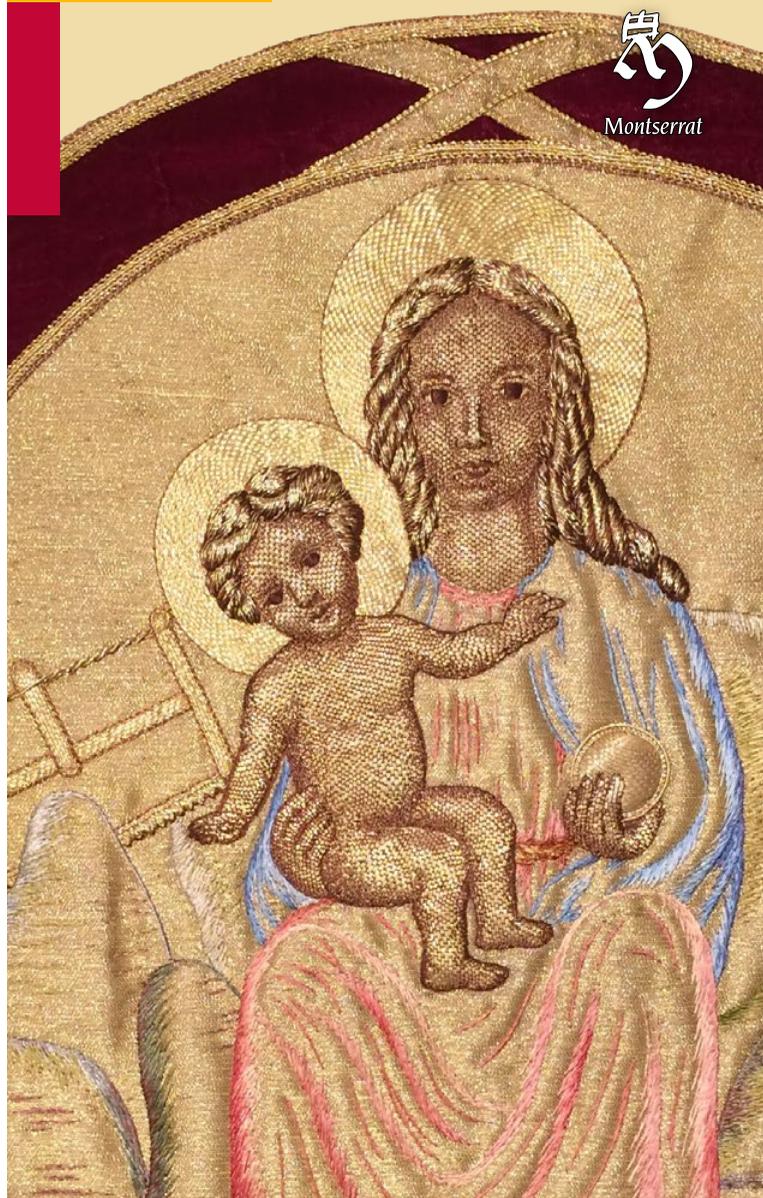
### VIGILS

- 31st March 10:00 pm - Easter  
26th April 9:00 pm - Saint Mary  
19th May 10:00 pm - Pentecost (*no mass*)  
14th August 10:00 pm - Assumption (*no mass*)  
7th September 10:00 pm - Nativity (*no mass*)  
24th December 10:30 pm - Christmas  
31st December 10:30 pm - for Peace

### SANCTUARY OF MONTSERRAT

#### Pastoral Coordination Centre

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Partial view of the tapestry on the flag of the Brotherhood of Our Lady of Montserrat. Photograph: Carlos Ortega

YOU ARE ON MOUNT MONTSERRAT.  
THE MONKS WHO LIVE IN THIS MONASTERY AND SANCTUARY DEVOTED TO OUR LADY WELCOME YOU WITH OUR PRAYER, WHICH REACHES OUT TO YOU LIKE A WARM EMBRACE TO TOUCH YOUR VERY HEART.

# *We fly to Thy protection*

*We fly to Thy protection, O Holy Mother of God;  
Despise not our petitions in our necessities, but deliver  
us always from all dangers, O Glorious and Blessed  
Virgin.*

This is the oldest prayer that Christians offer up to Our Lady, the Mother of God. Since the third century, when it was composed, perhaps during the Decian persecution, the Church has used these words to call on Mary, the mother of Christ, to ask her for protection against danger.

In Mary, the Church recognizes the Mother of God, the Theotokos, and her close union with the Word of God, which makes her the admirable prophetess, has led us to pray to her in the same great faith that God placed in her when he chose her to be the mother of his Son, the Word Incarnate.

The protection of Our Lady, which in Greek is her great love, in Latin takes on the name of praesidium, a castle or safe place. For nothing is so safe, no force so immovable, as this love, a human love that takes its strength from God.

At Montserrat, generations and generations of pilgrims have joined the monks and the boys' choir in praying to Saint Mary in their need, and have devoted their lives, and the lives of those they love, in her hands, calling on her to shelter them under her blue mantle, protecting them against all dangers.

Let your visit to Montserrat be an occasion of spiritual renewal, and may Our Lady, Mother of God, hear your prayers so that, when you return home, you may be, as she is, bearers of the Good News. May Saint Mary's protection also be with all Christians, and with all those who truly put their trust in her and take shelter under her mantle.

**Pastoral Coordination Centre  
Sanctuary-Monastery of Montserrat**